



3 Treasures Vegetarian

 3 Treasures Vegetarian

 @3TreasuresSG | @3TreasuresBedok | #3TreasuresSg

 +65 8858 9040  www.3Treasures.Sg  Hello@3Treasures.Sg



* Pictures are for illustration purposes only
圖片仅供参考

喜团圆套餐

Prosperous Set Meal

佛本飘香

Yam Ring with

Gong Bao Lion's Mane Mushroom

素鱼翅羹

Veg. Shark Fin Soup

辣椒素蟹棒

Chilli Veg. Crab Sticks

一品锅

Treasures Pot

潮州素鱼

Teochew Veg. Fish

素鲍鱼伊面

Ee Fu Noodles with Veg. Abalone

甜甜蜜蜜

Dessert of the day

4到5人

4 to 5 pax

98.80

6到7人

6 to 7 pax

136.80

8到10人

8 to 10 pax

178.80



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套餐

Set Meal

素肉松豆腐

Tofu with Veg. Floss

清炒西兰花

Stir Fried Broccoli

潮州素鱼

Teochew Style Veg. Fish

豆酱素鸡丁

*Veg. Chicken with
Bean Paste*

橄榄豆腐

Tofu with Olive Sauce

清炒杂菜

Stir Fried Mixed Vegetables

酸甜素鱼

Sweet & Sour Veg. Fish

宫保猴头菇

*Gong Bao
Lion's Mane Mushroom*

芙蓉蛋

Mixed Veg. Omelette

清炒生菜

Stir Fried Lettuce

酸甜素鸡丁

Sweet & Sour Veg. Chicken

黑椒素虾

Black Pepper Veg. Prawn

2样菜 + 2碟饭

今日特汤(小)

炸饺子

*2 Dishes and 2 Servings of Rice
with*

- Soup of the Day (S)

- Fried Dumplings

32.80

4样菜 + 4碟饭

今日特汤(大)

炸饺子

*4 Dishes and 4 Servings of Rice
with*

- Soup of the Day (L)

- Fried Dumplings

53.80

3样菜 + 3碟饭

今日特汤(中)

炸饺子

*3 Dishes and 3 Servings of Rice
with*

- Soup of the Day (M)

- Fried Dumplings

42.80

5样菜 + 5碟饭

今日特汤(大)

炸饺子

*5 Dishes and 5 Servings of Rice
with*

- Soup of the Day (L)

- Fried Dumplings

63.80

全新推出

in collaboration with

Quorn™

New Items



☉ 素肉碎番茄意大利面
Bolognese with Quorn Mince
11.80 / 13.80



☉ 素肉碎豆腐
Tofu with Quorn Mince
11.80 / 13.80 / 16.80



☉ 炸Quorn鸡块
Quorn Nuggets
5.80



5.80

☉ 素肉碎炒饭
Quorn Mince Fried Rice
6.80 / 8.80 / 10.80

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Veg. Fish
Hotpot

素鱼头炉

料足
汤浓
味美
浓香



素鱼头炉

26.80

Veg. Fish Hotpot

3/4人份 Serve 3 to 4 pax

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Mala Hotpot

麻辣香锅

\$2.80

每100克

Per 100 gram

最少400克 Minimum 400 gram



香
辣
可
口

麻
辣
鮮
香

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芋头圈

Yam Ring

 宫保猴菇芋头圈 18.80

*Yam Ring with
Gong Bao Lion's Mane Mushroom*

酸甜素排骨芋头圈 18.80

*Yam Ring with
Sweet & Sour Veg. Pork Rib*

清炒杂菜芋头圈 16.80

*Yam Ring with
Stir Fried Mixed Vegetables*

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Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

豆腐

Beancurd

● 素肉碎豆腐 11.80 / 14.80 / 17.80

Tofu with Quorn Mince

沙煲豆腐 11.80 / 13.80 / 16.80

Claypot Tofu

● 铁板豆腐 11.80 / 13.80 / 16.80

Veg. Oyster Sauce Hotplate Tofu

● 辣酱铁板豆腐 11.80 / 13.80 / 16.80

Spicy Hotplate Tofu

橄榄菜豆腐 10.80 / 13.80 / 16.80

Tofu with Olive Vegetables Sauce

香椿豆腐 10.80 / 13.80 / 16.80

Tofu with Toona Sauce

素肉松豆腐 10.80 / 13.80 / 16.80

Tofu with Vegetarian Floss

● 素肉碎煎蛋 7.00

Quorn Minced Omelette

● 芙蓉蛋 6.00

Mixed Vegetables Omelette

● 菜豆煎蛋 6.00

Long Bean Omelette

● 苦瓜煎蛋 6.00

Bitter Gourd Omelette

● 番茄煎蛋 1.00

Tomato Omelette



鸡蛋

Egg

● 荷包蛋 1.00

Sunny Side Up

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Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

蔬菜

Vegetables

清炒生菜

Stir Fried Lettuce

9.80 / 12.80 / 15.80

清炒菠菜

Stir Fried Spinach

9.80 / 12.80 / 15.80

清炒番薯叶

Stir Fried Sweet Potato Leaves

9.80 / 12.80 / 15.80

清炒杂菜

Stir Fried Mixed Vegetables

9.80 / 12.80 / 15.80

清炒西兰花

Stir Fried Broccoli

9.80 / 12.80 / 15.80

素干贝西兰花

Stir Fried Broccoli with Veg. Scallops

12.80 / 15.80 / 18.80

素鲍鱼菠菜

Stir Fried Spinach with Veg. Abalone

12.80 / 15.80 / 18.80

豆酱苦瓜

Bitter Gourd with Bean Paste

9.80 / 12.80 / 15.80

豆酱茄子

Eggplant with Bean Paste

9.80 / 12.80 / 15.80

 三大天王

(叁巴辣椒炒茄子, 羊角豆和长豆)

3 Heavenly Kings

(Eggplant, Lady's Finger & long bean with Sambal)

10.80 / 13.80 / 16.80



Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

白飯 1.00 / 1.30

Plain Rice

糙米飯 1.30 / 1.60

Brown Rice



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菇类 Mushroom

酸甜猴头菇 11.80 / 14.80 / 17.80

Sweet & Sour Lion's Mane Mushroom

🌶️ 宫保猴头菇 11.80 / 14.80 / 17.80

Gong Bao Lion's Mane Mushroom

麻油猴头菇 11.80 / 14.80 / 17.80

Sesame Oil Lion's Mane Mushroom

🌶️ 🥛 咖喱猴头菇 11.80 / 14.80 / 17.80

Curry Lion's Mane Mushroom

🌶️ 🥛 青咖喱猴头菇 11.80 / 14.80 / 17.80

Green Curry Lion's Mane Mushroom

猴头菇西兰花 12.80 / 15.80 / 18.80

Lion's Mane Mushroom with Broccoli

酸甜鲍鱼菇 10.80 / 13.80 / 16.80

Sweet & Sour Abalone Mushroom

麦片鲍鱼菇 10.80 / 13.80 / 16.80

Cereal Abalone Mushroom

🥛 奶油鲍鱼菇 10.80 / 13.80 / 16.80

Butter Abalone Mushroom

🥛 蒙古鲍鱼菇 10.80 / 13.80 / 16.80

Mongolian Abalone Mushroom



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Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

蒟蒻 Konnyaku

一品锅 15.80 / 19.80 / 23.80
Treasures Pot

🌶️ 辣椒素蟹棒 15.80 / 18.80 / 21.80
Chilli Veg. Crab Sticks

麦片素蟹棒 13.80 / 16.80 / 19.80
Cereal Veg. Crab Sticks

麦片素苏东圈 13.80 / 16.80 / 19.80
Cereal Veg. Calamari

素海参西兰花 12.80 / 15.80 / 18.80
Veg. Sea Cucumber with Broccoli

🌶️ 🥛 东炎素虾 11.80 / 14.80 / 17.80
Tom Yum Veg. Prawn

🌶️ 黑椒素虾 11.80 / 14.80 / 17.80
Black Pepper Veg. Prawn

麦片素虾 11.80 / 14.80 / 17.80
Cereal Veg. Prawn

🥛 奶油素虾 11.80 / 14.80 / 17.80
Butter Veg. Prawn

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素鱼 Mock Fish

🌶️ 🥛 东炎素鱼 11.80 / 14.80 / 17.80
Tom Yum Veg. Fish

🌶️ 🥛 咖喱素鱼 11.80 / 14.80 / 17.80
Curry Veg. Fish

🌶️ 🥛 青咖喱素鱼 11.80 / 14.80 / 17.80
Green Curry Veg. Fish

潮州素鱼 11.80 / 14.80 / 17.80
Teochew Style Veg. Fish

🌶️ 黑椒素鱼 11.80 / 14.80 / 17.80
Black Pepper Veg. Fish

酸甜素鱼 11.80 / 14.80 / 17.80
Sweet & Sour Veg. Fish



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🥛 Contains Milk 含有牛奶

🌶️ Spicy 辣

🥚 Contains Egg 含有鸡蛋

素肉 Mock Meat

  咖喱素羊肉 11.80 / 14.80 / 17.80
Curry Veg. Mutton

  青咖喱素羊肉 11.80 / 14.80 / 17.80
Green Curry Veg. Mutton

酸甜素鸡丁 11.80 / 14.80 / 17.80
Sweet & Sour Veg. Chicken

 宫保素鸡丁 11.80 / 14.80 / 17.80
Gong Bao Style Veg. Chicken

苦瓜素鸡丁 11.80 / 14.80 / 17.80
Veg. Chicken with Bitter Gourd

豆酱素鸡丁 11.80 / 14.80 / 17.80
Veg. Chicken with Bean Paste

麦片素鸡丁 11.80 / 14.80 / 17.80
Cereal Veg. Chicken

麻油素鸡丁 11.80 / 14.80 / 17.80
Veg. Chicken with Sesame Oil

酸甜素排骨 11.80 / 14.80 / 17.80
Sweet & Sour Veg. Pork Rib

 黑椒素排骨 11.80 / 14.80 / 17.80
Black Pepper Veg. Pork Rib

  蒙古素排骨 11.80 / 14.80 / 17.80
Mongolian Veg. Pork Rib



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汤类 SOUP

素鱼翅羹 13.80 / 16.80 / 19.80

Veg. Shark Fin Soup

沙煲药材汤 10.80 / 13.80 / 16.80

Claypot Herbal Soup

● 蛋花豆腐汤 5.80 / 7.80 / 10.80

Egg Drop Tofu Soup

🥤 素鱼片汤 5.80 / 7.80 / 10.80

Veg. Sliced Fish Soup

苦瓜豆腐汤 5.80 / 7.80 / 10.80

Bitter Gourd Tofu Soup

紫菜豆腐汤 5.80 / 7.80 / 10.80

Seaweed Tofu Soup

杂菜汤 5.80 / 7.80 / 10.80

Mixed Vegetables Soup

🌶️ 🥤 东炎汤 5.80 / 7.80 / 10.80

Tom Yum Soup

今日特汤

Soup of the Day

5.80 / 7.80 / 10.80



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Contains Milk 含有牛奶

🌶️ Spicy 辣



Contains Egg 含有鸡蛋



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碟仔饭

Personal Rice Set

橄榄豆腐饭

Olive Tofu Rice

什锦杂菜饭

Stir Fried Mixed Vegetables Rice

香椿豆腐饭

Toona Tofu Rice

酱爆茄子饭

Stir Fried Eggplant Rice

肉松豆腐饭

Veg. Floss Tofu Rice

白饭

Plain Rice 5.50

糙米饭

Brown Rice 5.80



宫保猴头菇饭

Gong Bao Lion's Mane Mushroom Rice

白饭

Plain Rice 6.80

糙米饭

Brown Rice 7.10

加素扒 Add a  Patty

\$3.50



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Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

苦瓜素鸡丁饭
Bitter Gourd with Veg. Chicken Rice

酱爆素鸡丁饭
Stir Fried Veg. Chicken Rice

酸甜素鱼饭
Sweet & Sour Veg. Fish Rice

酸甜素鸡丁饭
Sweet & Sour Veg. Chicken Rice

酸甜素排骨饭
Sweet & Sour Veg. Pork Rib Rice

黑椒素排骨饭
Black Pepper Veg. Pork Rib Rice

宫保素鸡丁饭
Gong Bao Veg. Chicken Rice

咖喱素扒饭
Curry & SO Patty Rice

咖喱素鱼饭
Curry Veg. Fish Rice

青咖喱素鱼饭
Green Curry Veg. Fish Rice

东炎素鱼饭
Tom Yum Veg. Fish Rice

黑椒素鱼饭
Black Pepper Veg. Fish Rice

蒙古素排骨饭
Mongolian Veg. Pork Rib Rice

白饭 *Plain Rice* 6.00

糙米饭 *Brown Rice* 6.30

加素扒 Add a & SO Patty

\$3.50

白饭 *Plain Rice* 9.50

糙米饭 *Brown Rice* 9.80



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Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

饭类 Rice

白饭
Plain Rice

1.00 / 1.30

糙米飯
Brown Rice

1.30 / 1.60

● 炒饭
Fried Rice 5.50 / 7.50 / 9.50

● 橄榄炒饭
Olive Fried Rice 5.50 / 7.50 / 9.50

● 香椿炒饭
Toona Fried Rice 5.50 / 7.50 / 9.50

● 东炎炒饭
Tom Yum Fried Rice 5.50 / 7.50 / 9.50

● 叁巴炒饭
Sambal Fried Rice 5.50 / 7.50 / 9.50

● 素肉碎炒饭
Quorn Mince Fried Rice 6.80 / 8.80 / 10.80

● 猴头菇炒饭
Lion's Mane Mushroom Fried Rice 6.80 / 8.80 / 10.80

● 素海鲜炒饭
Veg. Seafood Fried Rice 6.80 / 8.80 / 10.80

● 素火腿炒饭
Veg. Sausage Fried Rice 6.80 / 8.80 / 10.80

● 烩饭
Mui Fan 5.50 / 7.50 / 9.50

● 素海鲜烩饭
Veg. Seafood Mui Fan 6.80 / 8.80 / 10.80



加素扒
Add a &SO Patty

\$3.50

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Contains Milk 含有牛奶

● Spicy 辣



Contains Egg 含有鸡蛋

面类 Noodles

● 炒河粉 5.50 / 7.50 / 9.50

Hor Fun

● 素海鲜河粉 6.80 / 8.80 / 10.80

Veg. Seafood Hor Fun

● 福建面 5.50 / 7.50 / 9.50

Hokkien Mee

● 炒粿条 5.50 / 7.50 / 9.50

Fried Kway Teow

● 星洲米粉 5.50 / 7.50 / 9.50

Fried Bee Hoon

沙煲伊面 6.00 / 8.00 / 10.00

Claypot Noodles

素鲍鱼伊面 7.80 / 10.80 / 13.80

Ee Noodles with Veg. Abalone

素鱼片米粉汤 5.50 / 7.50 / 9.50

Veg. Fish Bee Hoon Soup

● 东炎米粉汤 5.50 / 7.50 / 9.50

Tom Yum Bee Hoon Soup

苦瓜米粉汤 5.50 / 7.50 / 9.50

Bitter Gourd Bee Hoon Soup

杂菜米粉汤 5.50 / 7.50 / 9.50

Mixed Vegetables Bee Hoon Soup



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Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

西式 Western



番茄蘑菇意大利面
*Marinara with
Mushrooms*
11.80 / 13.80



 白酱蘑菇意大利面
*Creamy Mushroom
Spaghetti*
11.80 / 13.80

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番茄蘑菇意大利面
Marinara with Mushrooms

番茄素火腿意大利面
Marinara with Veg. Sausage

 香辣番茄素海鲜意大利面
Arrabiata with Konjac Seafood

 素肉碎番茄意大利面
Bolognese with Quorn[®] Mince

 白酱蘑菇意大利面
Creamy Mushrooms Spaghetti

 白酱素火腿意大利面
Creamy Veg. Sausage Spaghetti

 白酱素海鲜意大利面
Creamy Veg. Seafood Spaghetti

  白酱素肉碎意大利面
Creamy Quorn[®] Mince Spaghetti

 白酱番茄意大利面
Creamy Tomato Spaghetti

 东炎意大利面
Tom Yum Spaghetti

香椿蘑菇意大利面
Toona Spaghetti with Mushrooms

清炒蘑菇意大利面
Spaghetti with Mushrooms

清炒素火腿意大利面
Spaghetti with Veg. Sausage

清炒素海鲜意大利面
Spaghetti with Veg. Seafood

加芝士 Add Cheese



小 Regular 11.80

大 Upsize 13.80

\$2

加素扒 Add a  Patty

\$3.50



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Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

小吃

Sides

  小吃拼盘(4人份) 14.80

Sharing Platter (for 4 pax)

炸黑松露饺子 (6粒) 6.80

Fried Truffle Dumplings (6 Pieces)

炸素肉饺子 (6粒) 5.80

Fried  Dumplings (6 Pieces)

  炸Quorn® 鸡块 (6个) 5.80

Quorn® Nuggets (6 Pieces)

炸素鱼条 (5个) 5.80

Quorn® Fishless Fingers (5 Pieces)

炸饺子 (8粒) 4.80

Fried Dumplings (8 Pieces)

水饺 (8粒) 4.80

Boiled Dumplings (8 Pieces)

 香辣饺子 (8粒) 4.80

Chilli Dumplings (8 Pieces)

炸春卷 (6条) 4.80

Mini Spring Roll (6 Pieces)

炸薯条 4.80

French Fries

炸素鸡块 (6个) 4.80

Vegan Nuggets (6 Pieces)

 炸馒头 (6粒) 3.80

Fried Mini Bun (6 Pieces)

芝士酱 Cheese Dip

\$0.80



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 Contains Milk 含有牛奶

 Spicy 辣

 Contains Egg 含有鸡蛋

特调

Special Mixes with Chia Seeds

水果醋(苹果/柠檬) 4.80

Fruits Vinegar (Apple/Lemon)

夏日百香 4.80

Tropical Passion

梦幻荔枝 4.80

Lychee Dreams

荔枝柠檬 4.80

Lychee Lemonade

百香柠檬 4.80

Passion Lemonade

经典柠檬 4.80

Classic Lemonade

百香冰茶 4.80

Iced Passion Tea

荔枝冰茶 4.80

Iced Lychee Tea

柠檬冰茶 4.80

Iced Lemon Tea

百香柠檬冰茶 4.80

Iced Passion Lemon Tea

荔枝柠檬冰茶 4.80

Iced Lychee Lemon Tea

凡点餐
每杯只需

Add on to a meal @

\$4

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饮料 Drinks

	热 Warm	冰 Iced
咖啡乌 / 茶乌 Kopi O / Teh O	1.40	2.10
 咖啡 / 咖啡C Kopi / Kopi C	1.60	2.30
 奶茶 / 茶C Teh / Teh C	1.60	2.30
 鸳鸯 Yuan Yang	1.70	2.40
酸柑茶 Teh O Limau (Black Tea with Lime)	1.60	2.30
中国茶 Chinese Tea	1.20	1.90
姜茶 Ginger Tea	1.20	1.90
菊花茶 Chrysanthemum Tea	1.20	1.90
 可可 Chocolate Drink	1.70	2.40
罐装饮料 Canned Drink		1.80
瓶装饮料 Bottled Drink		2.50



Contains Milk 含有牛奶



Spicy 辣



Contains Egg 含有鸡蛋

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